

**IT WAS  
CONSENT**

**IT WAS  
HARASSMENT**



**Consent is not complicated.  
Ask. Every time.**

**What is consent?**

A voluntary or free agreement to an act or proposal of another, which may range from contracts to sexual relations. Consent can be given by a person of legal age, possessing full mental capacity.

**Consent is not**

- A forced yes
- Maybe
- Silence
- Past consent
- Flirting
- Unconscious
- Choice of outfit
- Drunk

If you're unsure about whether or not you have consent, chances are you don't. The best thing to do in this situation, is **ask**. And **ask every time**.

Rather than 'no means no', we should consider **'only yes means yes'**. Anything less than an enthusiastic 'yes' is not clear-cut consent.

Source: [mentalhealthathome.org](http://mentalhealthathome.org); Manchester Metropolitan University's Be Clear on Consent

**Consent is  
clear  
willing  
ongoing  
coherent**

**Clear:** Consent is **active** and **informed**. There must be clear appreciation and understanding of the facts, implications and future consequences of an act or agreement.

**Willing:** Consent is **enthusiastic** and **freely given**. It is expressed through words or actions and hence is not implied. It must be obtained without coercion, duress, threats or any kind of oppression or pressure.

**Ongoing:** Consent is **specific** and **reversible**. Consent must be granted every time. You can consent to one thing and not another, or to an act one day and not the next. It can also be revoked any time if you change your mind.

**Coherent:** People incapacitated by drugs or alcohol or people who do not possess full mental capacity to understand the who, what, why, when, where or how of a situation, cannot consent.

File a harassment complaint or inquire about support services:



042-35608877 (operational 24/7)



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